

talk now
talk often ^{AK}

TALKING WITH TEENS



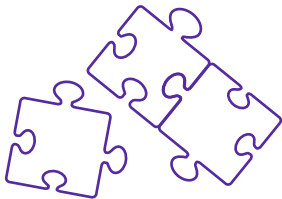


CONVERSATION CARDS

Are you a parent of a teen?

Do you have teens in your life that look to you for support and guidance? These cards are focused on strengthening healthy relationships and connections between youth and adults.

connect



TALKING WITH TEENS

BUILD TRUST TO
INSPIRE ONGOING
CONVERSATIONS.





START TALKING

If you could have any super power what would it be?
Why?

connect

KEEP GOING

If you had that super power for one day, what would you do?





START TALKING

What are some things you love about your school?



KEEP GOING

What are some things you
would change?





START TALKING

What is your favorite tradition?

What makes you like it the most?



KEEP GOING

What traditions would you like to pass on to others?





START TALKING

What does a good role model look like?

Is it different for teens and adults?

connect

KEEP GOING

What makes it hard to be a good role model?





START TALKING

What are the things you like talking about?

connect

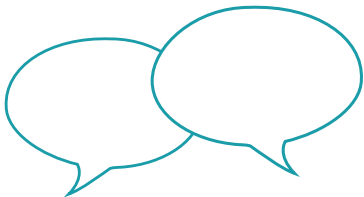
KEEP GOING

How do you choose who to talk to about certain things?



●

relate



TALKING WITH TEENS

TALK ABOUT PEER
AND DATING
RELATIONSHIPS.





START TALKING

How are relationships different in real life than in the media?

(Books, movies or music?)



KEEP GOING

How are break-ups different
in real life than in the media?





START TALKING

Describe your perfect relationship. How would you treat each other?



KEEP GOING

What are the things that you
won't put up with?





START TALKING

Is being in a relationship important to you? Your friends? Why?



KEEP GOING

What is fun about starting to date?

What are you not sure about?





START TALKING

What do you or your friends like about being in a relationship?



KEEP GOING

What do you or your friends
not like about being in a
relationship?





START TALKING

What makes a relationship healthy and happy?

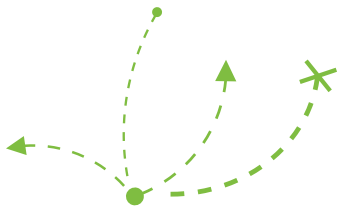


KEEP GOING

What makes a relationship
stop being healthy?



act



TALKING WITH TEENS

TALK ABOUT TAKING
ACTION, RESPECT AND
GETTING HELP.





START TALKING

What do you like about
our community?





KEEP GOING

What could you do to make it better?

What could adults do?





START TALKING

What kinds of things do you see happen that make you feel uncomfortable?





KEEP GOING

What do people do when these things happen?

What could you do?





START TALKING

What does bullying look like
at school?

In our community?





KEEP GOING

How do others help stop bullying?

What could you do to help stop it?





START TALKING

What does abuse look like?

How do you know if
someone is being abused?





KEEP GOING

How would you help a friend if you found out they were in an abusive situation?





START TALKING

What does the word respect really mean?





KEEP GOING

How do people show each other respect?



network



TALKING WITH TEENS

TALK ABOUT TEXTING,
SOCIAL NETWORKING
AND TECHNOLOGY.





START TALKING

How do people act different
online than in person?

What makes it different?

network

KEEP GOING

How do you wish people would treat each other online?

What would that look like?





START TALKING

I've heard the term cyber bullying, what does this mean?

network

KEEP GOING

What does it have in common
with real life bullying?

What's the difference?





START TALKING

Do your friends share their passwords? (Facebook, email, phone etc.)

Do you think it's ok to do this?

network

KEEP GOING

What if they are sharing with family? A dating partner?





START TALKING

How do you decide who to share your passwords with?

network

KEEP GOING

What would happen if you
didn't want to share?

What would you do?





START TALKING

What are the unspoken rules about texting?

network

KEEP GOING

How do you feel when someone texts you a lot, or doesn't text you back?





A FEW TIPS TO REMEMBER:

- Don't expect to have all of the answers, it is ok not to know, figure it out together!
- Inspire conversation by opening up about your own experiences.
- The more you are willing to share, the more they will be willing to share with you.
- Listen and support your teen.



www.tntoak.org

